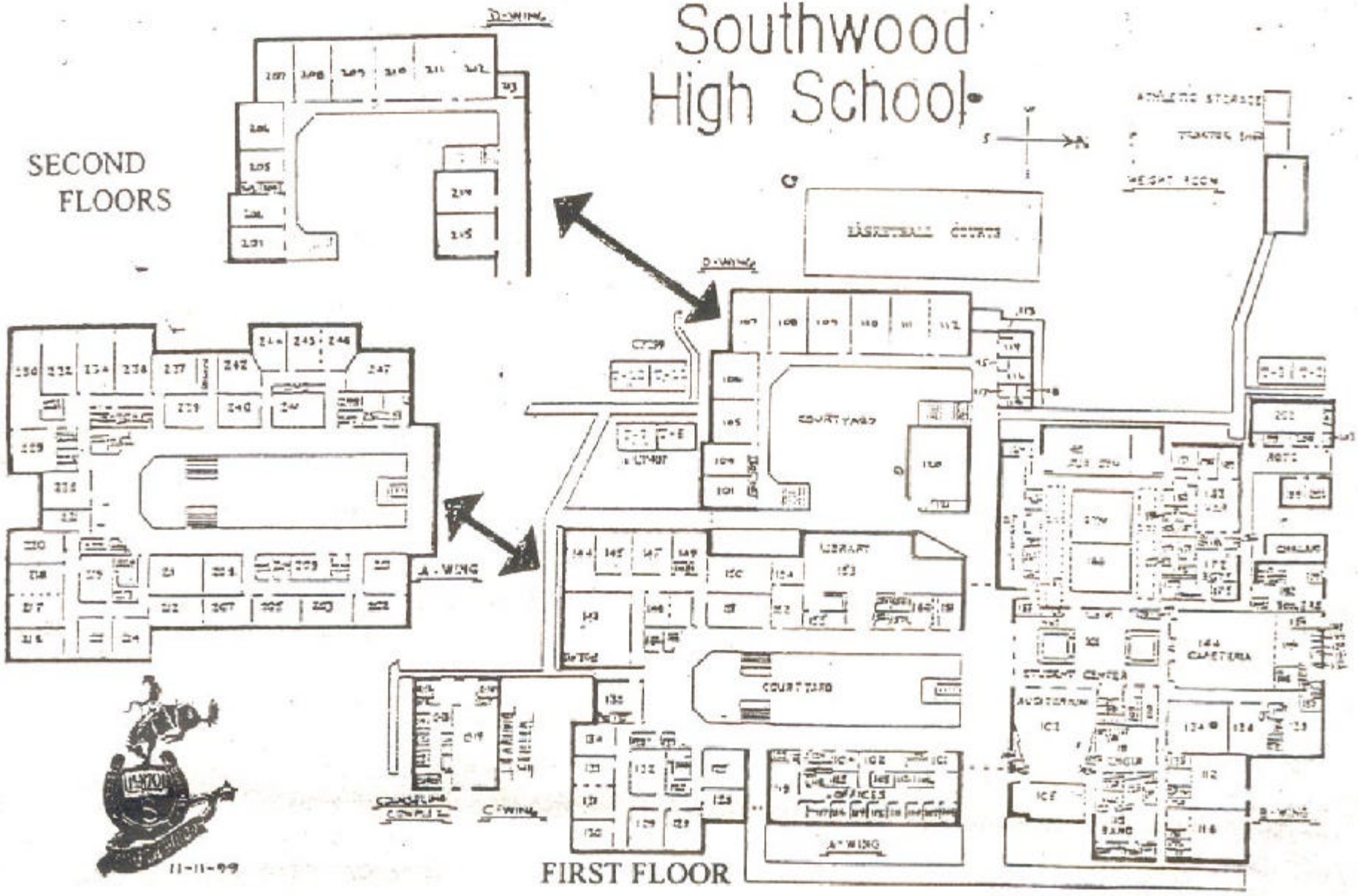Southwood High School