

HANDOUT 1.1

Determining Your School of Psychology

For the following items, please rate your level of agreement by using the scale provided. Place your answers, in the boxes provided. Your instructor has the scoring key for this exercise.

Strongly Disagree	1	2	3	4	5	6	7	Strongly Agree
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Score	Item
	1. People are free spirits, and science will never be able to really understand what causes behavior.
	2. Basically our personalities are shaped and determined by things that happen to us during our lives.
	3. Most of the time we do what we do in order to defend ourselves against threats that come from inside our own brains.
	4. Most people's personalities are set by the time they are five or six years old. People really don't change much after that.
	5. All that talk of deep-rooted forces seems like bunk. We should just worry about what people actually do.
	6. Science makes a mistake when it tries to take everything apart. If you want to understand a person, you have to look at the whole, not the parts.
	7. The best thing about people is that we are free to make choices and direct our lives.
	8. Strong drives such as sex cause people to behave in certain ways.
	9. I think that anyone could grow up to be a criminal if he or she were raised in the wrong environment.
	10. I think people are not really conscious of the kind of forces that direct their behavior.
	11. Someday we will be able to explain behavior in the same way that we can explain events in biology and chemistry.
	12. Thinking and feeling are the most important causes of behavior.