

# *The Way I Am*

*Below are a number of incomplete sentences. Complete each in a way that makes the statement true for you.*

1. I feel pleased with myself when.....
2. My most prized possession.....
3. I cannot understand why.....
4. I hope I'll never.....
5. I cry when....
6. I laugh out loud when.....
7. I get angry when.....
8. I look forward to.....
9. I get mad at myself when.....
10. I feel good when...
11. When someone criticizes me...
12. The most satisfying project or piece of work that I ever did was.....
13. When someone makes a cutting remark about someone else, I.....
14. What I like in a friend is.....
15. When I disagree with someone, I.....
16. The biggest change in my life was.....
17. I would like to change...(about myself or my life)
18. If I could change my physical appearance.....
19. If I could change someone else.....
20. My saddest time was.....
21. My happiest time was.....

22. I hate.....
23. I love.....
24. I believe.....
25. I want to.....
26. I will.....
27. I hope.....
28. I am most ashamed of.....
29. I like to be just a follower when.....
30. I am rebellious.....
31. I hope I'll never.....
32. I worry about.....
33. I'm afraid of.....
34. When people try to praise me for something I.....
35. What embarrasses me most is.....
36. If I'm really angry at someone, I.....
37. If I had one year to live and could do anything I would.....
38. If I had a million dollars I would
39. My greatest personal achievement.....
40. To me, belonging is.....
41. When I'm alone, I usually.....
42. In crowds I.....
43. The emotion I find most difficult to control is....
44. I daydream about.....
45. Television....
46. Parents.....

47. **Sports...**
48. **Dreams....**
49. **For me, trust.....**
50. **The meaning of life.....**
51. **Home....**
52. **Friends.....**
53. **Gossip....**
54. **My true identity.....**
55. **If people only knew.....**
56. **Something I do well is.....**
57. **I see myself as.....**
58. **I would like to be more.....**
59. **The best thing about me is.....**
60. **The worst thing about me is....**