

My Baby Book Development

You will design and create a personal baby book that discusses many aspects of your personal development since day one! Follow the guidelines below (and exactly in this order) to create your baby book. You may use your mom, dad, or other family references to connect your past to the developmental concepts we will discuss in this unit. This is a creative assignment. Your baby book should not only contain personal and factual pictures information, but it should also be decorative and unique to your personality. You should have a total of five pictures in your baby book. (I have placed them throughout the assignment below.) You should be creative, colorful, insightful, and careful of detail.

Section 1: General Fact Sheet(s) - Include graphics and detail wherever possible.

1. In one paragraph, describe your mom's pregnancy with you.
2. Why were you given your name?
3. What were other names your parent's were considering? Include both male and female names.

Section 2: Your Physical Development - Include graphics and detail wherever possible

1. How long was your mom in labor?
2. What was your birth weight and length?
3. Photo: Include a baby picture taken right of you at or right around birth.
4. How many months old were you when you learned to sit up, first tooth w came in or first learned to walk?
5. When were you officially potty trained?
6. Compare your development for items 4 & 5 with the averages (check the book or internet)
7. What is your current vision? (20/20) Do you wear glasses, contacts, etc?
8. Define "puberty" (in your own words!). Based on the characteristics of puberty, explain whether adolescence comes at a fixed age for all.
9. Photo: Include a picture of yourself around the age of puberty.

Section 3: Your Language Development-Include graphics and detail whenever possible

1. What was your first word?
2. When did you first say the word?
3. Why was it your first word?
4. Was there any funny sounds, words, and/or phrases you used to use?
5. If so, what were these sounds, words, and/or phrases supposed to mean?
6. Did you experience any language barriers during language formation? (Ex. Stuttering, lisps, etc?)
7. Photo: Include a picture of yourself in the late- childhood years.

Section 4: Your social Emotional Development- Include graphics and detail whenever possible

1. Who were you most attached to and why?
2. Define "imprinting" and explain whether this theory supports your attachment.
3. Were there any objects you formed attachments to?
4. Were these attachments formed similar to Harlow's "contact comfort"? Why or why not? First, make sure to explain what "contact comfort" is.
5. Explain the overall effects of having no attachments in one's childhood. Include a personal example if you feel as though you fall into this category.
6. Photo: Include a picture from your early childhood years.

Section 5: Cognitive Development Include graphics and detail whenever possible

1. Create or find a comic strip about an adolescent who is clearly in his/her early formal operational thinking stages. Include "personal fable" and "adolescent egocentrism".
2. Admit and explain, with your greatest humility, a specific time when you preformed or experienced adolescent egocentrism, personal fable and imaginary audience. (you know we all did, so go ahead and tell!)

Section 6: Your Moral Development - Include graphics and details wherever possible.

1. Write a short paragraph explaining "where you are" regarding Kohlberg's theory of Moral reasoning (pg 393 table 9.3). For five extra credit points write a second paragraph explaining where your teacher is regarding Kohlberg's theory. Make sure you explain why you think you (and your teacher) are placed specifically!
2. Photo: Include your most recent photo (late-adolescent) picture (ex. senior picture).

Section 7: Your personality Development - Include graphics and details wherever possible.

1. Write a personal journal (one to two pages) about why stages 5 and 6 of Erikson's eight stages of personality development may be the highest hurdles to jump in life. Think about your junior high and high school years and what's to come in your post-high school years. Include physical, emotional, and cognitive aspects and explain how these all fit into Erikson's stages 5 and 6.

This should be fun and easy to do as long as you budget your time appropriately. I guarantee I will be able to tell if this assignment was started and finished the night before it's due. Pace yourself and have fun!

