

**States of Consciousness  
Chapter 5**

Name: \_\_\_\_\_ Per: \_\_\_\_\_

<i>Word</i>	<i>Definition</i>
<b>CONSCIOUSNESS</b>	
<b>ANIMA</b>	
<b>COGNITIVE NEUROSCIENCE</b>	
<b>NONCONSCIOUS PROCESS</b>	
<b>PET SCAN</b>	
<b>MRI</b>	
<b>EEG</b>	
<b>MENTAL ROTATION</b>	
<b>STREAM OF CONSCIOUSNESS</b>	
<b>FREUD'S ICEBERG THEORY</b>	
<b>3 IMPORTANT FUNCTIONS OF CONSCIOUSNESS</b>	

<b>2 LEVELS OF NONCONSCIOUS MIND</b>	
<b>PRIMING</b>	
<b>ID, EGO, SUPEREGO</b>	
<b>DAYDREAMING</b>	
<b>CIRCADIAN RHYTHMS</b>	
<b>JET LAG PHENOMENA</b>	
<b>FUNCTION OF SLEEP FROM EVOLUTIONARY STANDPOINT</b>	
<b>CRICK- MITCHISON THEORY OF DREAM SLEEP</b>	
<b>PATTERNS OF HUMAN SLEEP OVER A LIFETIME</b>	
<b>SLEEP DEBT</b>	
<b>MANIFEST CONTENT</b>	
<b>LATENT CONTENT</b>	
<b>ACTIVATION- SYNTHESIS THEORY OF DREAMS</b>	

<b>INSOMNIA</b>	
<b>SLEEP APNEA</b>	
<b>NIGHT TERRORS</b>	
<b>NARCOLEPSY</b>	
<b>PRACTICAL USES OF HYPNOSIS</b>	
<b>MEDITATION</b>	
<b>PSYCHOACTIVE DRUGS</b>	
<b>HALLUCINOGENS</b>	
<b>OPIATES</b>	
<b>DEPRESSENTS</b>	
<b>STIMULANTS</b>	
<b>ADDICTION</b>	
<b>PSYCHOLOGICAL DEPENDENCE</b>	

**Answer the following 3 questions and attach answers to vocabulary.**

1. Do you agree or disagree with Freud's theory of the Id, Ego and Superego? Defend your position with information from Chapter 5.
- 2, Describe a typical night of sleep. Use the following terminology in your description: REM, Non-Rem, Sleep Paralysis, Beta Waves, Alpha Waves, Theta Waves, Sleep Spindle, delta waves, 90-minute cycle, REM Rebound.
3. Discuss William Dement's statement that a big sleep debt "makes you stupid". Using information from the text discuss why and how a person becomes "stupid" when they are sleep deprived.