

# *Five Step Prayer Model*

We have broken the ministry or healing process into five steps to lay down a track to move on. It will be important for you to study and apply this process until it becomes natural to you. Let's look at the steps:

## ***I. The Interview (step one)***

### ***A. Introduce Yourself***

- 1. It's always helpful to begin by introducing yourself and being as warm and friendly as you can, this will help to ease any fear the person you're praying for may have. Then you want to begin to ask questions to gather information that will help you pray effectively and intelligently.*

In Luke 18, Jesus asks Bartimeus what do you want me to do for you? We want to find out what the person is requesting prayer for, how long have they had this condition, do they know what caused it, etc.

### ***B. Listen to the person***

While asking, we need to "listen" on two levels, first naturally and assess the situation according to what we know based on past experiences, what we have learned, etc.

### ***C. Listen to the Holy Spirit***

Second, we need to listen to the Holy Spirit and be open to the gifts of the Spirit (word of knowledge, distinguishing of spirits, etc.)

### ***D. Simple & Brief***

- 1. Remember we are not doctors and this is not a medical interview, gather only enough information to help you, not to discourage you.*
- 2. When interviewing keep it brief. Don't let the person go into a lengthy dialogue, just get the basic facts.*

### ***E. Keep Control of the Interview***

- 1. Keep control of the interview. The interview is complete when:*
  - a. You have ascertained cause of condition (e.g. natural, supernatural, social, emotional, sin, etc.)*
  - b. God has told you what to do.*

## ***II. Diagnostic Decision (step two)***

During this phase we're finding out why this person has this condition so we can deal with the problems not just the condition. In diagnosis the problems people are having we see they can come from the natural and supernatural realm.

### ***A. Ask Questions***

#### ***1. What is the Prayer Need?***

- a. Ask the person what their need is, where it hurts, the problem or issue.
- b. The need may come from his answer, but remember they may not be in touch with the real problem.

### ***B. Determine if the cause is Natural or Spiritual or Both***

#### ***1. Natural***

- a. Contracted disease, injury, sin, family problems (financial, relationship, etc.), emotional (depression; anxiety), social (unforgiveness, anger).

#### ***2. Supernatural Realm***

- a. Demonic (oppression/affliction), other; occultic involvement, pronouncement by doctor, psychiatrist or family member, etc.

### ***C. History***

#### ***1. Ask the person, "When did you first start recognizing this problem?" The time, the situation, etc.***

- a. With the information you have, ask yourself, why does this person have this condition?
- b. Ask God "Lord, is there anything I should know at this time from you about this situation?"

### ***D. Present Status***

#### ***1. Ask the person, "How does this condition, huts, or problem affect your present life?"***

### ***E. Vital Signs***

#### ***1. Ask the person, "Tell me about your present life - your family, job, relationships with others (including Home Fellowship and church) and your relationship with God.***

#### ***2. Ask yourself, what feelings or attitudes seem to be strong regarding the hurt or problem?***

#### ***3. Observe positive or negative and open or closed attitudes.***

#### ***4. Check if person is controlled by blaming or a poor self-image.***

#### ***5. Check on their willingness to be healed.***

### ***III. Prayer Selections (step three)***

Here we ask ourselves, "What kind of prayer will I need to pray to help this person?"

#### ***A. Prayer Comes in Two Forms***

##### ***1. Prayer Directed Toward God***

- a. Petition (most common)
  - 1.) Ask for the Holy Spirit's presence
  - 2.) Ask for the Holy Spirit's healing
- b. Intercessory prayer
  - 1.) In preparation
  - 2.) Prayer in the mind
  - 3.) Prayer in the spirit

##### ***2. Prayer from God Directed through Us***

- a. Command - of faith (Peter, John, Acts 3:8)
- b. Pronouncement -- of faith
  - 1.) For healing (Jesus, Centurion servant Luke 7)
  - 2.) To demons or spirits (Matthew 8)

### ***IV. Prayer Engagement (step four)***

#### ***A. God is the Healer***

The Holy Spirit is the surgeon and we are the temporary assistant to the Holy Spirit.

1. *Our task is to help in personal preparation: the Holy Spirit is the one who leads, heals and delivers. The pressure is not on us to perform but simply to listen to God and love the person we are praying for.*
2. *We need to answer the question: "What kind of prayer will I need to pray to help this person?"*
  - a. We need prayer insight to discover what direction to take:
    - 1.) forgiveness (for self or others)
    - 2.) assurance of God's love
    - 3.) release hope and faith
    - 4.) guidance and direction
    - 5.) girding up strength
    - 6.) repentance
    - 7.) healing of abuse, etc.
    - 8.) healing - physical, psychological, emotional, social
    - 9.) deliverance

- b. The Holy Spirit seems to be very creative at this time and uses many different ways to heal..
- c. You may start by inviting the Holy Spirit, give assurance of God' s love, move to forgiveness, pray girding up in strength prayers and then move to healing of emotional wounds, go back into praying assurance of God' s love again and so on. Be mindful to flow in and out of these guidelines. These are simply suggestions for ministry. Be flexible and spontaneous as you pray.

### ***B. Basics on Praying***

1. *Position yourself in front of the person*
2. *Pray with your eyes open, watch what is happening to them*
3. *Call on the Holy Spirit*
4. *Dial down. Don' t bring things into emotion*
5. *Take a little time... wait on God, listen*
6. *Speak in your normal voice*
7. *Remember you' re not the focus. You' re not being weighed for performance*
8. *Participate with what you see the Father doing*

### ***C. Pray While Looking for Effects***

Warmth, tingling, shaking, violent shaking, peace, deep breathing, eyelids fluttering, falling,, crying, groaning, flailing, jerks, laughing, strange contortions, strange behavior or manifestations etc.

### ***D. Interview Again When Needed***

Ask the person, (when you see nothing happening or when you see something happening)  
"How are you doing?" or "What is God doing?"

Be sensitive at this time to the Holy Spirit and where He' s at in the recovery process. Some people are not in tune with their own body. Some people are programmed to failure. Some people just don' t show any emotion. You may need to:

1. *Pray again*
2. *End the process*
3. *Change the direction*
4. *If faith builds you may pray for another need.*

***E. Keep Open to the Holy Spirit through the Gifts to:***

- 1. Reveal needs and problems*
- 2. Change direction of prayer*

***F. Stop Praying When:***

- 1. The person you are praying for indicates it is over*
- 2. When the Holy Spirit indicates it is over*
- 3. When you cannot think of anything else to pray*
- 4. When after praying for a time it seems you have not gained any ground*

***V. Post Prayer Direction (step five)***

This phase is helping the person continue in or keep their healing which can be accomplished by:

***A. Personal Instruction***

***1. Supernatural leading or specific direction***

- a. Go and sin no more

***2. Make Restitution or Reconciliation***

- a. Ask for forgiveness, pay fine, replace stolen goods, tell the truth etc.
- b. Luke 19:8 - The fruit of repentance is a changed life. Zacchaeus' repentance came with a practical understanding that his sin had injured others. As a result, he became responsible for his part and made things right.

***3. Scripture Reading***

- a. Portions of scripture relating to their problem or healing. Scripture is great for instruction, correction and faith building. (Recommended book to use is Scripture Keys for Kingdom Living compiled by June Newman Davis. Order through: Scripture Keys Ministries, PO Box 6559, Denver, CO 80206-0559. \$10.00/per book, and \$2.00 for shipping./handling. All orders must be done by mail, pre-paid by check with the order. phone: 303-333-1034).

***4. Receive More Prayer***

- a. Be sensitive also to the following steps of recovery. We may have:
  - 1.) Just started the process (seeding)
  - 2.) In the middle of the process (watering)
  - 3.) End of the process (reaping)

### ***5. Fight the Enemy***

Remember recovery is a time for warfare. The enemy can try to:

- a. Steal the seeds
  - 1.) Tell them they are not healed or have no hope
  - 2.) Stop them from getting further help
- b. Cause the seeds to die
  - 1.) By convincing them that' s all they need - no further watering

### ***B. Referral***

- 1. *Classes that deal with specific needs*
- 2. *Refer to counseling (with discretion, they will need the referral of their HG Pastor)*
- 3. *Seminars on marriage, etc.*
- 4. *Books or tapes, etc.*
- 5. *Home Group suggestion*
  - a. Introduction to the leaders with phone numbers and map
- 6. *If new Christian, fill out card, get in New Believer' s Class*